

EVANGELINE PARISH SCHOOLS
BREAKFAST MENUS FOR OCTOBER 2011

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Biscuit 3 Sausage Patty Juice Cereal Milk Choice Jelly	Ham & Cheese 4 Kolache Cereal Juice Milk Choice	Pancakes 5 Cereal Fruit Milk Choice Syrup	Biscuit 6 Scrambled Eggs Juice Jelly Milk Choice	Buttered Toast 7 Sausage Link Cereal Banana Milk Choice
Sausage Patty 10 Biscuit Jelly Fruit Milk choice	Cheese Toast 11 Cereal Choice Chilled Fruit Milk choice	Breakfast Pizza 12 Cereal Choice Fruit Juice Milk Choice	Cheesy Skillet Omelet 13 Biscuit Fruit Milk choice Jelly	Breakfast Stick 14 Cereal Chilled Fruit Milk choice
Breakfast Pizza 17 Cereal Pineapple Milk Choice	Biscuit 18 Sausage Patty Jelly Fruit Juice Milk Choice	Grits 19 Toast Scrambled eggs Fruit juice Jelly Milk Choice	Breakfast Stick 20 Cereal Choice Fruit Juice Milk Choice Syrup	Biscuit 21 Scrambled Eggs Cereal Banana Milk Choice
French Toast 24 Cheese Stick Fruit cup syrup Milk Choice	Biscuit 25 Breakfast bar Mixed Fruit jelly Milk Choice	Pancake 26 Sausage link Juice Milk Choice Syrup	Waffles 27 Ham Patty Syrup Pineapple chunks Milk Choice	Scrambled eggs 28 Biscuit Fruit Juice Milk choice Jelly
Biscuit 31 Sausage Patty Pineapple chunks Milk Choice Jelly				

EVANGELINE PARISH SCHOOLS
LUNCH MENUS FOR OCTOBER 2011

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Braised Ground Beef 3 Steamed Rice Seasoned Corn Pears Hot Roll Milk Choice	Ranch Chicken Wrap 4 Unbreaded Chicken Flat Bread Salad Cup Ranch Dressing Mixed Fruit Mix Fruit	Braised Pork & Sausage 5 Steamed Rice Black-eyed peas Applesauce-unsweet Hot Roll Milk choice	BBQ Pork Riblet on Bun 6 Baked Beans Peaches WW Sugar Cookie Milk Choice	Taco Soup 7 Corn chips Shredded Cheese Coleslaw vinegar creamy Sour Cream Orange wedges Graham Crackers Milk choice
Chicken Spaghetti 10 Green Beans Rosy Pears Garlic Roll Milk Choice	Beef Taco 11 Tortillas 6" Green Salad/ tomatoes Salsa/Taco Sauce Shredded Cheese Orange Wedges Cinnamon Roll Milk Choice	Red Beans with Sausage 12 Steamed Rice Mixed Fruit Broccoli & cheese Corn Muffin Milk Choice	Chicken Stew 13 Steamed Rice Creamy coleslaw Peaches Biscuit Milk Choice	Pig in a Blanket 14 Green Salad Ranch Dressing Apple slices Mustard Gelatin Milk Choice
Fish Patty on Bun 17 Cheese slice Baked Fries Orange wedges Milk Choice Pudding Tartar Sauce/Catsup	Ground Beef Stew 18 Steamed Rice Yams Mix Fruit Corn Bread Milk Choice	Chili Cheese Dog 19 Hot Dog Bun Potato Rounds Banana & SB cup Catsup Milk Choice	Chick Gumbo w Sausage 20 Steamed Rice Creole Okra Rosy Applesauce Saltine Crackers Milk Choice	Pepperoni Pizza 21 Jalapeno Peppers Seasoned Corn Peaches Marinara Dip Gelatin Milk Choice
Skillet Lasagna 24 Creamy coleslaw Applesauce Garlic Roll Milk Choice	Chicken & Sausage Creole 25 Steamed Rice Seasoned Corn Pears WW Hot Roll Milk Choice	Chili Cheese Tots 26 Chili Con Carne Potato Rounds Pineapple chunks Corn Muffin or Crackers Shredded cheese Milk Choice	Baked Chicken 27 Rice Dressing Green Beans Sliced Peaches Hot Roll Milk Choice	BBQ Burger 28 Hamburger Bun Salad Cup Mayo & Mustard Potato Wedges Mixed Fruit Pudding Milk Choice
Sheppard Pie 31 Creamy Coleslaw Peaches Wheat Roll Milk Choice				